

Adept Training (RTO 90991)

Course information

CHC33021 Certificate III in Individual support

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adept training
take a leap forward

www.adepttraining.com.au

Why choose Adept Training?

Adept Training has been delivering high quality training in the healthcare space for 20 years and we are passionate and dedicated to providing the healthcare sector with skilled and competent staff. Adept Training is a Registered Training Organisation (RTO) delivering accredited qualifications through the Australian Qualifications Framework (AQF).

Adept Training prides itself on providing hands-on training that engages our students and allowing them the opportunity to develop skills and put their knowledge and learning into practice. We incorporate a range of learning styles to suit individuals and have a pool of experienced trainers and administrative staff to support everyone.

The healthcare and community services environments are the fastest growing sectors in Australia and opportunities are available in a wide range of health and community roles. Adept Training supports its learners to achieve their career goals, whether they are already in health care or aspiring to be part of this richly rewarding industry.

Course outline

CHC33021 Certificate III in Individual Support is a blended course where you will gain the skills and knowledge to work in the rewarding field of aged and disability care. There are three (3) elective units from the Ageing specialisation and three (3) units from the Disability specialisation. During the course you will learn how to provide excellent care to clients and promote independence for the aging and disabled population both in care facilities and at home.

Career opportunities

When you have successfully completed the CHC33021 Certificate III in Individual Support course you may find employment in the following job roles:

- Assistant in nursing (AIN)
- Residential care home worker
- Hospital worker
- Aged care home worker
- Home and community care worker
- Disability support worker
- Home care worker

Delivery mode

This qualification is delivered **by blended mode**, online Teams workshops with your trainer, home study and face to face practical sessions at Adept Training plus 120 hours of **work experience**.

Sessions are delivered by our highly skilled, experienced trainers and assessors who will provide students with mentorship, knowledge and the opportunity to participate and practice skills. Further study is expected to be completed at home. Work placement is a requirement of this course and gives the student the hands-on practical application to successfully provide care in the community.



Assessments

Each unit requires that you are appropriately assessed to determine that you have gained the skills and knowledge required.

Assessment methods may include:

- Online written assessment (quizzes, multiple choice and short answer questions)
- Verbal assessment
- Online projects and case studies
- Observation of practical skills
- Work placement.

Work placement

There is a mandatory minimum of 120 hours work placement for CHCCCS031 Provide individualised support unit. You may choose to do your work placement at a facility of your choice or Adept Training can arrange for you.

Adept Training may assist students to gain voluntary work experience in aged care facilities where the learner is not currently employed in aged care. We recognise that work experience is a great way for students to participate in the real world and apply what they have learnt into practice, however we recommend students ensure they choose an appropriate facility that is committed to supporting our students on their learning journey.

All students going on work placement must wear the appropriate closed in leather shoes with non-slip soles and skirt or long pants and collared shirts and behave in a manner that is respectful of the staff and aged care environment. Students may be asked to leave a workplace if their behaviour or manner are deemed unfit or inappropriate by the supervisor.

Students **must** have a working with children check and national police check before going on placement.

Insurance

Adept Training provides relevant insurance cover to all students who are undertaking work placement.

Pre – requisites

Before you commence your course, it is a requirement that every student (regardless of their background) completes a Language, Literacy and Numeracy Assessment.

Students should have completed education to a year 10 level.

Careers in aged care and community services require a clear Police Check or NDIS Workers Check, Working with Children Check (WWCC) and immunisation certificates (COVID and 'Flu). While this is not a requirement to enrol into the training, we do **strongly recommend** that our students have these in place prior to commencing training to facilitate smooth and timely access to work placement.

Students will need access to a computer (a laptop or similar, not a mobile phone) and reliable internet to undertake their study and participate in online learning.

As a support worker you will need to fulfill the physical requirements of the role including standing for up to 8 hours and be able to lift a minimum of 5kgs.



Immunisation

Many healthcare facilities require employees to have been immunised against the following:

- Hepatitis A
- Hepatitis B
- Tetanus
- Measles, Mumps and rubella
- Influenza
- Any other immunisations recommended by your GP.

Student handbook

Students are required to familiarise themselves with the Adept Training Student Handbook before they enrol into a course. A copy will be sent to you prior to enrolment or can be viewed on our website www.adepttraining.com.au

Enrolment

Adept Training recommends that students who enrol into this course carefully consider the course requirements and are fully committed to their studies. To enrol into this course, you will need:

- Government issued colour photo ID
- A Unique Student Identifier (USI) go to www.usi.gov.au
- A completed, satisfactory Language, Literacy and Numeracy (LLN) and digital LLN assessment
- Completed enrolment forms.
- Proof of residency status

Fees

Full course fee: \$3,900

There is currently no funding available for this course.

Payment plans

Fee paying students may pay with our payment plan options in fortnightly instalments.

A minimum \$500 deposit is required to commence training. Payment plans must be maintained throughout a student's study.

You can set up your payment plan at enrolment with our Student Liaison Officer, or chat to us about an alternate payment arrangement.



Recognition of Prior Learning – RPL

RPL means that skills and knowledge you have achieved through previous training, work or life experience are acknowledged. RPL will be granted only where sufficient evidence is provided of competence for an entire unit of competency.

Please note that RPL will not be granted for partial units of competency. You must lodge your RPL application and have it assessed prior to your course commencing. You may be asked to attend an interview with an RPL assessor.

There is an initial application fee of \$800.00 (non-refundable) plus a fee of \$750.00 per Unit of Competency for which RPL is sought. If sufficient is not supplied there will be a \$200 reassessment of evidence fee. If gaps are identified gap training will be provided and costs quoted on an individual basis.

As RPL can be a lengthy process we do not guarantee a timeframe, assessment of evidence provided is processed on an individual basis.

Please see our website for more information.

Credit Transfer

A Credit Transfer is granted if you have completed the same unit of competency with another Registered Training Organisation. You must grant permission to Adept Training to access your USI transcript and complete a Credit Transfer Application form. You may also be required to submit your original transcript or a JP certified copy. This will be verified with the issuing RTO and must be completed before the start of your course.

Student support

Adept Training understands that every student journey is different, and students may at times require additional support to achieve their learning outcomes. Support may be offered in the following forms:

- Access to highly qualified and professional trainers before or after class
- One on one time with a trainer if required.
- Phone, Teams and face to face mentoring with a trainer.
- Access to our friendly administrative support staff who can discuss payment options, make flexible study arrangements or assist you with deferring your course.
- Support for English can be found at <https://www.service.nsw.gov.au/transaction/learn-english-through-the-adult-migrant-english-program#eligibility>

Parking

There is no on-site parking at the college, however there is limited parking in and around the Harris Park area. We recommend that students use public transport when coming to the college.

Parramatta station is approximately 8-minutes' walk and Harris Park station is approximately 2-minutes' walk. Buses are available from Parramatta station regularly.



Children

Children are **not** permitted to accompany students to classes or work placement for any reason. This is a work health and safety requirement; you are required to make your own arrangements for childcare while studying at Adept Training or attending work placement.



Course units

The Certificate III in Individual Support consists of 15 units of competency made up of:
including:

- 9 core and
- 6 electives

The course has been designed to blend both theory and practical hands-on application of healthcare skills in a holistic manner.

Units	Unit name	Core or elective
Nine core units		
CHCCCS031	Provide individualised support	Core
CHCCCS038	Facilitate the empowerment of people receiving support	Core
CHCCCS040	Support independence and wellbeing	Core
CHCCCS041	Recognise healthy body systems	Core
CHCCOM005	Communicate and work in health or community services	Core
CHCDIV001	Work with diverse people	Core
CHCLEG001	Work legally and ethically	Core
HLTINF006	Apply basic principles and practices of infection prevention and control	Core
HLTWHS002	Follow safe work practices for direct client care	Core
Six elective units (Ageing and Disability)		
CHCAGE011	Provide support to people living with dementia	Elective
CHCAGE013	Work effectively in aged care	Elective
CHCPAL003	Deliver care services using a palliative approach	Elective
CHCDIS011	Contribute to ongoing skills development using a strengths-based approach	Elective
CHCDIS012	Support community participation and social inclusion	Elective
CHCDIS020	Work effectively in disability support	Elective



Course duration

The duration of the course is 6 months (26 weeks) made up of;

- Online Teams training 2 days per week x 21 weeks
- Practical workshop blocks, 2 days/week x 5 weeks
- Mandatory work placement 120 hours
- Recommend home study of approximately 15 hours per week

Timetable

Online Teams sessions twice per week x 21 weeks

Face to face workshops blocks are scheduled from 9.30am – 4.00pm (every 5 weeks)

120 hours or 3 weeks of work placement – we encourage students to gain employment during their training.

Assessments will be conducted online, during practical workshops and in the workplace.

Delivery mode	Weeks	Class day	Time
Online Teams	21 weeks	Monday/ Wednesday	3 hours/session
Face to face practical workshop	5 weeks	Monday/Wednesday	9.30am – 4pm
Work placement	3 weeks	Monday – Friday	40 hours/week
Home study	24 weeks	Monday – Sunday	15 hours/week

Contact us

If you would like more information or to speak with our Student Liaison Officer, please call us on 1300 366 044.

We welcome all enquiries and are happy to help you in choosing the right course for your career goals.

You will find more information on our website www.adepttraining.com.au or email us at admin@adepttraining.com.au

